

SHELF LIFE
FORTNIGHTLY

Bath therapy

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YOU can pamper yourself at the spa, or do it the simple and cheap way by having a relaxing bath at home. Here to provide an enjoyable experience is Radox, a brand that is relatively new in Malaysia.

The Radox shower gel and cream is a blend of 13 herbs – basil, chamomile, coriander, dill, fennel, lavender, marjoram, parsley, peppermint, sage, rosemary, tarragon and thyme – as well as sea salts. They are combined to deliver therapeutic benefits. The Radox range comes in variants Oxygen, Enrich and Replenish.

Radox Oxygen is a shower gel formulated with entrapped air bubbles and "Jolly Jelly Beans", that is deemed to be great for revitalising tired skin.

Radox Enrich is fortified with a magnolia extract, which is a mood-enhancer.

Radox Replenish, as its name suggests, is specially formulated to replenish what one's skin loses every day. Berry juices and milk extracts have been added for their revitalisation and moisturising properties.

You can pick up a bottle of any of the variants at leading retail outlets and pharmaceuticals.



Fun fruity drink

ENJOY fruit juice that is enriched with Vitamin C while on the go. Active children can grab a pack of Mamee Monster Juicy Wave that comes in handy pouch packs.

Mamee Monster Juicy Wave is said to be made from non-carbonated, real fruit juices enriched with Vitamin C.

The juice comes in three cool flavours of Blackcurrant, Orange and Hawaiian Punch, and you can buy them at major retail outlets nationwide.



Good support bags

SCHOOL bags are getting heavier and heavier by the day. Hence, it is important to get your child a bag that gives enough support for weighty books and does not put a strain on his back.

Impact Spinal Support Backpack may be the right choice as it is designed to promote optimum spine care and comfort for your child. The product also has

several features that enhance safety, comfort and convenience.

Impact backpacks are sold at Isetan KLCC and Parkson (KLCC, 1 Utama and Subang Parade in Kuala Lumpur and Selangor). There is also online ordering with free delivery in Peninsular Malaysia. Visit ergoland.com.my for more information.

Natural goodness of herbs

IF YOU think back, you can probably visualise grandma stirring a pot of herbal soup for the family or mum tirelessly pounding herbs to extract their juices.

The use of traditional herbs to maintain general wellness has been passed down through the generations in many Asian families.

Now, Maggi has chosen two herbs to help you continue this tradition of health and vitality in a convenient and tasty preparation.

Pegaga, also known as *gotu kola*, is a leafy herb that is believed to improve blood circulation, help maintain normal blood pressure and build energy.

Kei chi or wolfberry is one of nature's most nutrient-rich foods for maintenance of general health.

It is said to relieve tired eyes, improve vision and enhance blood circulation.

Now, you can enjoy Maggi Nature's Treat Rice Porridge that blends extracts of kei chi into its five variants.

Take your pick – Ikan Bilis Rice Porridge + Pegaga Extract, Chicken with Ginger Rice Porridge + Pegaga Extract, Chicken with Red Dates + Kei Chi Extract, Chicken with Mushroom + Kei Chi Extract and Vegetables Rice Porridge + Kei Chi Extract.

